At Your Service for Seniors

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(519) 872-0875 or (519) 873-0875
www.atyourserviceforseniors.ca
Non-medical home care for seniors

THE SENIOR SCOOP

December Happenings

December is a month to open our hearts wider - to love deeply, give freely, and cherish those around us. At Your Service for Seniors wishes our cherished Clients and their loved ones a season filled with warmth and cheer. This month AYSFS is celebrating and embracing the increasing multiculturalism in our city. The diversity of our team continues to grow, and as we acknowledge this shift, we have created a diversity, equity and inclusion policy that defines our commitment to hiring Associates with different perspectives, skills, and ideas. AYSFS strives for an inclusive environment where both Clients and Associates can thrive!.

Meet Banu Persad

Associate

Banu has worked in the customer service and retail industry for the past thirty years and she enjoys meeting and serving people.
To Banu, it is a blessing to see her clients' smiles, hear about their travels and learn about their family history. She is a mom of four children. Some of her hobbies are reading, cooking, baking, cake decorating, gardening, cycling, home restoration, painting and camping. Banu brings positivity and energy to everything she does, and she goes above and beyond to make sure her Clients feel valued.

A Timeless Holiday Craft

Making an orange pomander before Christmas is a relaxing craft, and the best part is the amazing aroma it produces! Ask a family member, friend, or your Associate to gather clementines, cloves and ribbon to create and enjoy an aromatic holiday decoration in you home!

Golden Moments

Birthday Celebration!

Client Elfriede (bottom center) celebrated her birthday surrounded by family, and friends that feel like family! From left, Associates Kim, Donnette and Soraya took part in the festivities and spent a lovely afternoon celebrating and visiting with Elfriede's daughter Astrid (right).

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What is D.E.I. and how does AYSFS honour it?

There has been an increasing focus on diversity, equity, and inclusion (DEI) in the workplace. **At Your Service for Seniors is committed to promoting and embedding DEI principles in our culture, practices, and operations.**

- **Diversity** refers to the variety of experiences and perspectives that people bring to the workplace. It includes, but is not limited to, race, ethnicity, gender, age, religion, national origin, disability, sexual orientation and veteran status.
- **Equity** is ensuring that everyone has access to the same opportunities and resources. ***Every Associate has the right to succeed in their profession and every Client has the right to the best quality home care.***
- **Inclusion** is making sure that everyone feels like they belong. It's about creating an environment where people feel comfortable being themselves and sharing their ideas openly.

Source: https://chamber.ca

AYSFS recognizes that a diversity of backgrounds, perspectives, and experiences strengthens our organization and contributes to our successes. We strive to eliminate discrimination, harassment, and bias in all forms and ensure equitable opportunities for all Clients, Associates and Admin team members.

We are committed to creating and sustaining an inclusive environment where each person feels safe, welcome, respected, and able to contribute.

We recruit, hire and promote employees and Associates based on their skills, performance and potential irrespective of their personal characteristics as protected by law, such as race, gender, age, disability, sexual orientation and socioeconomic background. AYSFS values the diversity of our employees, independent contractors, clients and families and as such, will treat all individuals fairly. If you have questions or would like to learn more about this policy please contact Amy Wagter or Joan Turner at 519-872-0875.

Cards for Seniors!

Our team held our annual "Crafternoon" creating holiday cards for seniors living in long-term care. Would you like to send a holiday card to a London senior? An AYSFS Associate would be happy to make sure it is received by a senior in LTC. If you enjoy writing, feel free to tell them about yourself, or jot down a few jokes, or simply wish them a Merry Christmas. Let's cheer up some folks who may be lonely over the holidays.

In the spirit of giving...

The joy in helping others is all the thanks our Associates need this holiday season. Our Associates cannot accept monetary gifts. However, if you are inclined to give a gift this holiday season, they appreciate anything you would like to give that is consumable.

Thank you for a wonderful 2025!

"You are never too old to set another goal or to dream a new dream." *— C.S. Lewis*

As 2026 approaches, we encourage to you to take this quote to heart. We are so lucky to serve seniors in the London community. AYSFS is here to help our Clients start each new day feeling fulfilled and hopeful for the new year ahead. Take time to reflect on what you would like to experience in 2026. Would you like to try a new recipe? Visit a museum? Learn a new game or craft? ***AYSFS is here to help you or your loved on make the most of 2026. We wish you the happiest of holidays and thank you for being part of the AYSFS family!***

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