



THE SENIOR SCOOP



April Happenings

Spring has finally sprung, and if we are lucky, the April weather will reflect that! With upcoming holidays like Easter and Earth Day, we hope you enjoy feelings of renewal and optimism this month.

Our Associates are eager to help clients enjoy the warmer weather and check off tasks on their spring to-do lists!

Did you know that At Your Service for Seniors regularly offers our Associates continued learning in health and safety training and procedures? We prioritize continuing education in all aspects of client care! This month as we hope to interest you in learning more about the Future of Homecare, and understanding DNR Protocols.



Meet Roger Joycey

Associate

Roger feels honoured to be of service to seniors in the London community. Roger's friendly demeanor puts his clients at ease, and his love and knowledge of music is celebrated in the community. Roger sings and plays guitar at various retirement residences,

and his performances always have the crowd singing and dancing along. AYSFS values Roger's caregiving skills and musical talent!

It's time to get outside!

Choose safe, comfortable, and enjoyable activities to celebrate spring! Springtime grants more opportunities for seniors to have fun outdoors, no matter their physical condition. Here are a few ideas no matter your level of mobility: nature walks (use a walker or wheelchair if needed), bird watching, creating a spring planter, going for a picnic, visiting local gardens, enjoying a scenic drive, or visiting a local farmer's market or flower center. Ask your Associate to join in the fun!



Golden Moments

Bloom where you are planted!

Associate Lisa made this beautiful spring planter for client Anne.

Our Associates love to go above and beyond to help clients brighten their homes with creative decorations!

Connect with us on social media!



Easter photo, flower, and egg illustrations courtesy of vecteezy.com

